St. Ann Rehabilitation and Nursing Center Bishop Gendron Senior Living Community

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October 10, 2021

Greetings from St. Ann,

## **COVID Update:**

## Testing:

Due to Strafford County remaining at a substantial risk of exposure for COVID- we will continue testing staff who have not completed their vaccination series bi-weekly per the guidance and CMS and the CDC. The staff continue to be vigilant in safeguarding themselves and the residents we care for as noted in the negative testing results.

## Visitation Update:

All visitors- despite vaccination status are required to wear a face covering/mask while visiting with any of our residents. There is NO exception to this requirement and we will be monitoring for compliance. All visits need to be scheduled in advance. There is absolutely NO eating or drinking during visits. We thank you in advance for your cooperation with these measures of safety for you and our residents.

### FLU Shots:

Last week we began administering the flu vaccine to our long-term care residents. We are awaiting the arrival of the flu vaccine for staff as well. If you have not received your flu shot- we encourage all of you to be sure to get yours as well.

# **COVID BOOSTER:**

We are working with our pharmacy provider to coordinate a date for administering the Pfizer COVID booster to our residents and staff. Please refer to this link for more information from the NH DHHS <u>https://www.dhhs.nh.gov/dphs/cdcs/alerts/documents/covid-19-update46.pdf</u> and be sure to consider getting a booster yourself if able.

#### Staff Update:

This week – on Tuesday, we will welcome Nicole Silva to the St Ann family. Nicole is the new Director of Admissions and Social Services and comes to us with experience in Social Services from Rockingham County. We are excited to have her join our team.

# Life Enrichment update from last week:

The last week of September we began to welcome fall and all the fun this time of years brings. On Monday we made a Birthday Cake and had a Birthday Celebration for all of the September birthdays. On Wednesday, we went to Mass and then in the afternoon, we were treated by some of our staff who joined in an Apple Crisp Bake off...we had 4 contestants- including an entry made by the residents and we all enjoyed savoring in the deliciousness that afternoon brought us with the smell of freshly baked apple crisp filling the facility. We topped our favorite off with some vanilla ice cream and awarded the Bragging Rights to Donna Nemet, our DNS as the winner. Be sure to check out the picture of our Facebook page. On Thursday we played ring toss and the game of Sorry and finished our week with Bingo, baking cookies and playing Yahtzee.

We thank you all for your ongoing support and understanding with visitation challenges. We encourage all of you to please wear a mask when indoors, practice social distancing and thorough hand washing. As always, if you have any questions or concerns, please do not hesitate to reach out

Kindly,

Kate McCracken, LNHA, MHA

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