

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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August 6, 2021

Greetings from St. Ann,

I hope you have been out enjoying the weather- while I am thankful for the rain- it has caused me some challenges in tending to my flower bed at home.

COVID Testing and Vaccination rates:

This week, that non-vaccinated staff were tested on **Thursday, August 5th**. I hope to have the results this weekend, but not sure how busy the state lab will be giving the rise in covid testing and cases here in New Hampshire

How are we doing:

I wanted to thank those of you who responded to my request last week to leave a review for St. Ann n either Facebook or Google. Your kind words and support is always welcomed and we are honored you have chosen us to care for your loved ones. If you'd like to leave feedback, you can do so:

- On Google: (<https://g.page/r/CcKBi08JkHAIeAg/review>)
- On Facebook: (<https://www.facebook.com/StAnnRehab/reviews/>)

COVID Update:

The county positivity rate of COVID in Strafford County continues to be trending up. Today we are at 3.9%.

As of yesterday, with 232 new cases, the state is considered in substantial transmission with 109 cases per 100,000 residents. Currently there are 1,061 active cases in the state. 65% of cases in the past 7 days are Delta which is up from 45 % the previous 7 days.

We encourage all of you to air of the side of caution and continue to be diligent with hand washing, social distancing and wearing a face mask. Below is currently the counties whom are now considered to be in

Visitation update:

ALL Visitation is to be scheduled in advance. We also **DO NOT** schedule visits around meals.

All SKILLED Patients are required to have a period of quarantine as a precautionary measure when entering St. Ann Rehabilitation & Nursing Center.

Visits **ARE NOT** scheduled during this time. The amount of time a patient is on Quarantine depends on whether or not he/she is vaccinated against COVID 19 and if he/she has any other medical conditions that may extend quarantine.

All visitors are asked about their individual vaccination status- however visitors ARE NOT required to share that information. If you choose not to disclose your vaccination status- you **will be required to wear a face mask and maintain social distancing of 6 feet** as a precautionary measure.

Indoor visits

Indoor visitation is scheduled through our receptionist, Karen, by calling 603-742-2612

Outdoor visits for patients on the **skilled unit** are scheduled from 2PM to 430PM Monday through Friday. These too are scheduled in advance with Karen- in reception and take place on the patio (located to the far right of the facility).

Please DO NOT take residents to another location during your visit. Visits are scheduled and designated to certain areas so that we can offer as much visitation as we are able given our available spaces.

Outdoor visits for our **long-term care** residents take place on the screened porch located in front of the activities room. These visits are scheduled in advance through Krista Charles.

Resident Outings:

Residents are enjoying the outings you have opted to take them on. As a reminder, outings need to be scheduled so that we can plan around meals and medications. Outings are coordinated with the Social Services Department- with Krista Charles at sta.sw@nh-cc.org.

Life Enrichment update from last week:

Sunday, we got cool air and rain so we revised our activity calendar and kept it indoors with a movie and popcorn, followed by a giant crossword puzzle in the afternoon. Even though it wasn't planned, last week ended up being a very colorful week. From manicures, to creating tie dye t-shirts, and making a colorful birthday cake, it was beautiful colors all around. We celebrated our first monthly birthday party last week. Our residents made a cake in the morning and in the afternoon sang to all the July birthday's while enjoying a slice of cake. We got lucky and were able to enjoy cake again on Friday for National Cheesecake Day, along with a going away celebration for one of our nurses. The residents came together and planned a memorable send off to one of our amazing nurses who will be getting married to a Navy man. For trivia this week we changed it up and made it about the Golden Girls. The Golden Girls is very popular so everyone thought they would whip right through the questions, we were wrong. We learned many facts about the Golden girl characters we never knew. To finish up our week, the residents participated in some light exercise along with a game of bingo.

Facility Dog:

Today we welcomed Nova, a cute little corgi who will be making routine visits here at St. Ann. Nova belongs to our ADNS, Jeannie and has lots of experience "working" in a facility such as ours, in fact, his resume is quite impressive. She will be making visits with our residents and staff and has already brought many smiles today. Please watch for some photos of Nova to show up on our Facebook page <https://www.facebook.com/StAnnRehab>

As always, thank you for your ongoing support and *working with us*. We are truly honored you continue to choose us to care for your loved ones.

Kate McCracken, LNHA, MHA

Administrator

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