

**St. Ann Rehabilitation and Nursing Center**  
**Bishop Gendron Senior Living Community**  
195 Dover Point Rd.  
Dover, NH 03820-4693  
T: 603-742-2612  
F: 603-743-3055  
stannrehabcenter.org



July 30, 2021

Greetings from St. Ann,

It is hard to believe that the month of July is nearly gone and we are moving so quickly though this wet summer. August is the time to reap what you've sown, quite literally even, as most summer vegetables are ready to be harvested. It goes without saying, that August then is a time to celebrate a good harvest and a good summer!

**COVID Testing and Vaccination rates:**

Staff who have not received the COVID vaccination series will be tested on **Thursday, August 5th.**

Vaccine rates as of 7.19.2021 here Residents 93% / Staff 89% / Facility Overall 91%.

**How are we doing:**

As you know, online reviews play a vital role in the consumer journey process with senior living (85% of people trust online reviews as much a personal recommendation from a friend). Today I am asking for your help rate us on how we are doing and why you chose St. Ann Rehabilitation and Nursing Center for your loved one stay. How can you help? Click on the links below for Google and Facebook and provide us with your positive feedback.

- On Google: ([https://www.google.com/search?q=st.+ann+rehabilitation+and+nursing+center+doover+nh&rlz=1C1GGRV\\_enUS796US796&oq=st.+ann+rehabilitation+and+nursing+center+doover+nh&aqs=chrome..69i57.4740j1j7&sourceid=chrome&ie=UTF-8#lrd=0x89e296721b9a0aed:0x227090094f8b81c2,3,,](https://www.google.com/search?q=st.+ann+rehabilitation+and+nursing+center+doover+nh&rlz=1C1GGRV_enUS796US796&oq=st.+ann+rehabilitation+and+nursing+center+doover+nh&aqs=chrome..69i57.4740j1j7&sourceid=chrome&ie=UTF-8#lrd=0x89e296721b9a0aed:0x227090094f8b81c2,3,,))
- On Facebook: ([https://www.facebook.com/StAnnRehab/reviews/?ref=page\\_internal](https://www.facebook.com/StAnnRehab/reviews/?ref=page_internal) )

**Porch Sitting:**

The Lost Art of Porch Sitting

"If the world had a front porch like we did back then, We'd still have our problems but we'd all be friends." - by Tracy Lawrence

Porch sitting provides a great opportunity to take everyday activities you normally do inside, and move them to the porch. We are certainly enjoying the new seating areas and decor here at St. Ann Rehabilitation & Nursing Center. Check out our Facebook page at <https://www.facebook.com/StAnnRehab> and check out the updated space. We look forward to spending time with family & friends- on the porch

**Mass Update:**

On Wednesdays, we continue to join the St. Ann and Bishop Gendron Community for Mass Services with Father Ryan and Father Aggie. It is so nice to have the two communities back together to hear the gospel and worship together.

**COVID Update:**

The county positivity rate of COVID in Strafford County continues to be trending up. On July 23<sup>th</sup> the rate was 1.40% and today is up to 2.10%. We encourage all of you to air of the side of caution and continue to be diligent with hand washing, social distancing and wearing a face mask.

**Visitation update:**

Indoor visitation continues to be scheduled through our receptionist, Karen, by calling 603-742-2612.

We have limited indoor compassionate care visits occurring as well. These are planned in advance and the unit/floor is made aware of these visits in advance so that they are aware when people are **expected**. If people are showing up for visits that HAVE NOT been scheduled in advance- staff may not permit you to enter the visit. We, the employees of St. Ann are responsible for the safe keeping of our staff and residents whom are in our care; we do our best to make accommodations and work with families.

**Outdoor visits.** The *skilled* patients (on the Granite wing) are having outdoor visits on the patio (located to the far right of the facility). The visits are to be scheduled through Jesse Taylor.

**Outdoor visits** for our *long-term care* residents take place on the screened porch located in front of the activities room. These visits are scheduled in advance through Krista Charles.

**Resident Outings:**

Residents are enjoying the outings you have opted to take them on. As a reminder, outings need to be scheduled so that we can plan around meals and medications. Outings are coordinated with the Social Services Department - with Krista Charles at [sta.sw@nh-cc.org](mailto:sta.sw@nh-cc.org).

**Life Enrichment update:**

Our week started out with celebrating National Daiquiri Day, along with a bottle craft. The bottle craft consisted of a recycled water bottle that the residents colored with permanent markers. Once colored we cut the bottle, making it dangle from the top like a slinky. The residents then placed a piece of wire threw the top to use as a hook. We then hung the bottles in the resident's windows to be used as a colorful suncatcher. Tuesday was all about lollipops for National Lollipop Day, with a side of bowling. The residents gathered on the porch with their lollipops and sang songs, along with some lollipop trivia. It was lollipops all around. We celebrated the anniversary of Arnold Palmer being the first million-dollar golfer by playing a few rounds of golf along with a cold glass of Arnold Palmer Iced Tea. Our St. Ann residents and Bishop Gendron tenants joined once again for the church service. Keeping each community to separate sides as a precaution, it was a great to have everyone back together again. We exercised our minds in a game of Family Feud and then our bodies with a few rounds of music in motion. Saturday morning, we had a great turn out for coffee social followed by a game of bingo as well as penny ante.

As always, thank you for your ongoing support and *working with us*. We are truly honored you continue to choose us to care for your loved ones.

*Kate McCracken, LNHA, MHA*

Administrator

St. Ann Rehabilitation and Nursing Center

195 Dover Point Road

Dover, NH 03820

Phone 603-742-2612 ext. 123