

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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July 2, 2021

Where has the time gone that we are now in full swing of July. I am hoping you are finding ways to stay cool amidst this crazy heat wave we have been enduring. We as many facilities have been having some issues with our A/C units keeping the facility as cool as we would prefer, but we are using fans to help push cool air around in the problem areas.

COVID Testing:

On July 6th, we will have our monthly testing for all non-vaccinated staff. The county positivity rate of COVID in Strafford County as of July 1 was 1.0%; however, with this great news there are also reports of new COVID outbreaks happening in New England. I urge all of you to continue with the safeguards we have all been using- wearing a face mask, practicing social distancing and good and thorough hand washing to help prevent the spread of these new variants of COVID-19. If you have not been vaccinated, please consider doing so for your protection and for those who are more vulnerable.

Visitation update:

Indoor visitation continues to be scheduled through our receptionist, Karen, by calling 603-742-2612. We continue to schedule visits for 20-30-minute increments to allow for thorough cleaning between visits and are not scheduling visits after 4:30PM currently; however, we are working to make some exceptions. Karen has been asked to avoid scheduling visits close to our meal times to help ensure residents meals remain hot and fresh for their dining pleasure.

We are asking if visitors have been vaccinated- however visitors ARE NOT required to share that information. If you choose not to disclose your vaccination status- you will be required to wear a face mask and maintain social distancing of 6 feet as a precautionary measure.

We also offer outdoor visits. The *skilled* patients (on the Granite wing) are having outdoor visits on the patio (located to the far right of the facility). The visits are to be scheduled through Jesse Taylor by calling 603-742-2612 ext. 111 or by emailing sta.swdir@nh-cc.org.

- Outdoor visits for our long-term care residents take place on the screened porch located in from off the activities room. These visits must also be scheduled in advance through Krista Charles by calling 603-742-2612 ext. 119 or by emailing sta.sw@nh-cc.org.
- Please DO NOT take residents to another location during your visit. A walk around campus is fine, but visits are scheduled and designated to certain areas so that we can offer as much visitation as we are able given our available spaces. While a space may seem "available" at a certain time- you may not know when a visit is scheduled and therefore cause an unnecessary conflict with visits for others. Thank you in advance for your assistance with this.

Resident Outings:

Residents also have the opportunity to go out on outings with you. Outings also need to be scheduled so that we can plan around meals and medications. Outings are coordinated with the Social Services

Department- Jesse Taylor at sta.swdir@nh-cc.org or Krista Charles at sta.sw@nh-cc.org or by calling the facility at 742-2612 and asking for one of them.

Life Enrichment update:

Our week started off with celebrating all of the wonderful fathers in our building. Liver and onions were added to the menu as a special treat, along with root beer floats. We do not usually see liver and onions on the menu, but with the request from a few men, our dietary team served up the special dish for Father's Day. Monday was rather hot, so we kept it simple with a gentle stretch group in the morning and popsicles on the porch in the afternoon. Thankfully, there was a gentle breeze along with our newly added ceiling fans to keep us from getting too warm. We challenged ourselves with a game of Pictionary this week. Using our large white board, staff and residents took turns drawing pictures for others to guess. Only a few of the drawings really stumped us. Wednesday, we held Mass along and followed that up with some current events and a search from the porch. The search consisted of random things around the property, along with certain cars on the road, people walking by, things in the sky, etc.. As the weather has been so up and down lately, we try to take advantage of the nice days. The rest of our week consisted of bingo, wheel of fortune, trivia, and finding ways to stay cool, while still having fun.

I will be out of the facility next week for a mini vacation to see my family in Pennsylvania. There will not be a family update on July 9th- I know many of your look forward to the updates.

As always, thank you for your ongoing support and *working with us* on all the visitation changes and scheduling.

Wishing you all a Happy 4th of July

Kate McCracken, LNHA, MHA

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