St. Ann Rehabilitation and Nursing Center Bishop Gendron Senior Living Community

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June 25, 2021

Visitation update:

Indoor visitation continues to be scheduled through our receptionist, Karen, by calling 603-742-2612. We continue to schedule visits for 20-30-minute increments to allow for thorough cleaning between visits and are not scheduling visits after 4:30PM currently; however, we are working to make some exceptions. Karen has been asked to avoid scheduling visits close to our meal times to help ensure residents meals remain hot and fresh for their dining pleasure.

We are asking if visitors have been vaccinated - however visitors ARE NOT required to share that information. If you choose not to disclose your vaccination status- you will be required to wear a face mask and maintain social distancing of 6 feet as a precautionary measure.

We also offer outdoor visits. The **skilled** patients (on the Granite wing) are having outdoor visits on the patio (located to the far right of the facility). The visits are to be scheduled through Jesse Taylor aby calling 603-742-2612 ext. 111 or by emailing sta.swdir@nh-cc.org.

Outdoor visits for our long-term care residents take place on the screened porch located in from of the activities room. These visits must also be scheduled in advance through Krista Charles by calling 603-742-2612 ext. 119 or by emailing sta.sw@nh-cc.org.

Please DO NOT take residents to another location during your visit. A walk around campus is fine, but visits are scheduled and designated to certain areas so that we can offer as many visitations as we are able given our available spaces. While a space may seem "available" at a certain time - you may not know when a visit is scheduled and therefore cause an unnecessary conflict with visits for others. Thank you in advance for your assistance with this.

Resident Outings:

Residents also have the opportunity to go out on outings with you. Outings also need to be scheduled so that we can plan around meals and medications. Outings are coordinated with the Social Services Department- Jesse Taylor at sta.swdir@nh-cc.org or Krista Charles at sta.sw@nh-cc.org or by calling the facility at 742-2612 and asking for one of them.

Pet Visitation:

We have had many folks begin to inquire about bringing a beloved pet to visit their loved ones here at St. Ann. I have attached a copy of our Pet Visitation Policy which includes a Dog Obedience & Temperament Questionnaire that is to be completed and turned in to Karen in reception PRIOR to any pet visiting. We do require proof of good health for a pet coming to visit from a veterinarian on an annual basis that includes screening of internal or external parasites, updated vaccination records, acknowledgment that he/she is on a flea and/or tick prevention, a deworming prevention and is well trained and obedient. Animals must remain on a leash at ALL times- which cannot extend greater than SIX feet when in common areas.

Pet owners are responsible for completing the 2-page Dog Obedience and Temperament Questionnaire and turning the document into Karen at Reception. Pet owners are also solely responsible for cleaning up any messes the animal makes while in the facility or on the facility grounds.

Life Enrichment update:

Monkey around Monday started out with manicures in the morning and baking monkey bread in the afternoon. Gloves came in handy, not to just protect us from germs, but to keep us from messing up our newly painted nails. The recipe was very simple but allowed for each resident to have a task. While the bread was baking we talked about all the ways we could make monkey bread, along with some trivia. Once the bread was done the residents enjoyed the fruits of their labor. The building smelled so good, leaving many wondering what we were baking. We tried a new game to many this week to celebrate let's go fishing day. The residents battled for who can catch the most fish before the timer went off. Many said it looked easy but when it came their turn they learned it was much harder to keep their fishing rod steady while the fish were moving. We had our monthly resident council meeting, along with Mass on Wednesday with Father Aggie presiding over services. For our craft, the residents painted beautiful sun catchers to hang in their windows. We enjoyed a few physical activities, ring toss, bean bag toss, and ball games. To exercise our brains, we competed in a game of Family Feud, Name Five, and we caught up with what was going on in the world. Friday ended our busy week with our all-time favorite pastime of BINGO and an afternoon happy hour.

Staff Update:

This week we welcomed 3 new staff members to the St. Ann family. Two LNAs - Hannah Bureau and Felisa Reid and a housekeeper, Gena Barret. Please join us in welcoming these new members of the team.

Thank you all again for your ongoing support and assistance with working with us on all the visitation changes and scheduling. We are all anxious to be able to come and go more freely in the facility, but we must continue to proceed with caution.

Kate McCracken, LNHA, MHA

Administrator St. Ann Rehabilitation and Nursing Center 195 Dover Point Road Dover, NH 03820 Phone 603-742-2612 ext. 123



Policy Established: 6-17-2019 Target: Healthcare Facilities

Prepared By: Darlene Underhill

ANIMALS IN THE LONG TERM CARE FACILITY

1. **POLICY**

It is the policy of this facility that pet visits will be encouraged for the enjoyment of the residents. Catholic Charities encourages pet socialization with residents as a normal part of day to day life in the facility. We welcome pet interactions provided by facility pets, pet therapy groups, employees, resident's pets visiting from home, and visitor's pets.

Pet and human interactions can lower cholesterol levels, improve appetite, fight depression and may even help protect against heart disease and stroke. Pets can make the elderly feel needed and that feeling can translate into a greater sense of purpose and self-worth.

Catholic Charities New Hampshire adheres to the following protocols to ensure that our residents can benefit from animals in the facility, while preventing the risk of injuries and disease to our residents, employees, and the animals.

11. **PROTOCOL**

- 1. The typical types of visiting animals we would expect to see would be dogs, cats, birds. Other animals before or at the time of the visit must be approved by administration or facility designee. Reptiles or amphibians (snakes, turtles, lizards, etc.) are not advocated for pet therapy, as they may harbor Salmonella bacteria that are easily transmissible on hands. These species visit must be approved on a case-by-case basis by the Administrator/DNS/ Infection Preventionist. If approved, hands must be thoroughly washed after contact with the pet or their environment.
- 2. For facility owned animals, the recreation/activity department or designee, with the cooperation of all staff members, will be responsible for daily pet care and will maintain regular visits to the veterinarian.
- 3. Residents should be asked prior to contact with an animal if they choose to have an animal visit.
- 4. Service animals will be included in all of the below guidelines.
- 5. All staff and residents will practice good hand hygiene when interacting with animals.

For Animals Who Visit the Facility on a Regular Basis: (such as staff animals and therapy animals)

- 6. The animal must be approved by administration or facility designee before or at the time of the visit. Approval includes ensuring the animal meets the requirements of this protocol, including health and temperament. Administration reserves the right to limit the number of visiting pets on premises at any given time.
- 7. Approved animals will be entered into a log (see attached). The log will be reviewed annually, and as temperament and health evaluations are completed.
- 8. The person responsible for the animal will provide proof (e.g. health certificate or signed letter from a veterinarian) that within the last year the animal (as indicated for the species):

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- a. Has received a physical exam by a veterinarian, including screening for internal and external parasites.
- b. Is up-to-date on vaccinations for common infectious agents including rabies.
- c. Is on appropriate flea and tick prevention program to prevent external parasites.
- d. Is on an appropriate worming prevention program involving: fecal examinations that are negative for internal parasites.
- e. Is free of known or suspected infectious illness, wound or skin infection.
- f. Is well trained, calm and obedient.
- 9. The owner/handler has completed the Dog Obedience & Temperament Questionnaire. *
 - a. If any of the questions are rated between a 2 and 4 (Moderate Aggression to Serious Aggression), Administration must be notified prior to the animal entering the facility for further evaluation of the circumstance(s).
- 10. The owner or handler is responsible for cleaning any mess (feces, urine, vomit) the animal makes while at the facility.
- 11. The owner/handler is responsible for bagging and disposing of feces on facility property during outside "potty breaks".

Visiting Animals of Residents/Families or Animals Not Expected to Visit on a Regular Basis:

- 12. Animals <u>must</u> be contained on a leash or in a carrier while in the elevators, corridors or any facility common area. Leashes should be no more than 6 feet long (standard size). No retractable leashes are allowed.
 - a. In the event an animal enters the facility without a leash, it is recommended that a temporary **Slip Lead** leash be provided by the Receptionist, which will be returned at the end of the visit.
- 13. The animal is free of known or suspected infectious illness, wound or skin infection.
- 14. The animal is well trained, calm and obedient.
- 15. The owner or handler is responsible for cleaning any mess (feces, urine, vomit) the animal makes while at the facility.
- 16. The owner/handler is responsible for bagging and disposing of feces on facility property during outside "potty breaks".
- 17. See Emergency Preparedness Manual for guidelines on evacuation and housing animals during an emergency.

Administration reserves the right to rescind the visiting privileges for any pet of staff or visitor that does not meet the requirements outlined in this protocol, or if the animal becomes disruptive.

* See attached 2-page Dog Obedience & Temperament Questionnaire.

References:

Duncan SL. APIC State-of-the-Art Report: <u>The Implications of Service Animals in Health Care Settings</u>. *Am J Infect Control* 2000;28:170–180.

When Animals Visit Patients, Reducing the Risk of Disease Transmission. *Prevention Strategist*. Vol 1, No 1, Spring 2008.

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Dog Obedience & Temperament Questionnaire

The questions on the following 2 pages are designed to allow you to describe how your dog has been behaving in the recent past. Studies have shown that most of these questions can be grouped or condensed into a set of major behavioral traits or factors that describe most of the variation in canine temperament and which are relatively consistent across dogs of different sexes, breeds and ages.

If any of the questions are rated between a 2 and 4 (Moderate Aggression to Serious Aggression), Administration <u>must</u> <u>be</u> <u>notified</u> prior to the animal entering the facility for further evaluation of the circumstance(s).

Please try to answer all of the questions. Only use the "not observed/not applicable" option if you have never observed the dog in the situation described.

Section 1: Training & Obedience

Some dogs are more trainable than others. By writing the appropriate number from the scale, please indicate how trainable or obedient your dog has been in each of the following situations in the recent past. If you have <u>not</u> observed the dog in the situation, please indicate **N/A** for not observed/not applicable:



1	When off the leash, dog returns immediately when called.
2	Obeys the "sit" command immediately.
3	Obeys the "stay" command immediately.

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Section 2: Aggression

Some dogs display aggressive behavior from time to time. Typical signs of moderate aggression in dogs include barking, growling and baring teeth. More serious aggression generally includes snapping, lunging, biting or attempting to bite. By writing in the appropriate number from the scale, please indicate your own dog's recent tendency to display aggressive behavior in each of the following contexts. If you have <u>not</u> observed the dog in the situation, please indicate **N/A** for not observed/not applicable:



1	When approached directly by an unfamiliar adult while being walked/exercised on a leash.	
2	When approached directly by an unfamiliar child while being walked/exercised on a leash.	
3	Toward unfamiliar person(s) approaching the dog while you are in the car with the dog (at a gas station for example).	
4	When toys, bones or other objects are taken away by a household member.	
5	When an unfamiliar person approaches you or another family member at home.	
6	When unfamiliar person approaches you or another member of your family at home.	
7	When unfamiliar person approaches you or another family member away from home.	
8	When approached directly by a household member while dog is eating.	
9	When strangers walk past your home while the dog is outside or in the yard.	
10	When an unfamiliar person tries to touch or pet the dog.	No.
11	When joggers, cyclists, roller bladders or skate boarders pass your home while the dog is outside or in the yard.	
12	Toward unfamiliar dog(s) visiting your home.	
13	Toward cats, squirrels or other animals entering your yard.	
14	Toward unfamiliar person(s) visiting your home.	
15	When barked, growled or lunged at by another (unfamiliar) dog.	
16	When stepped over by a member of the household.	
17	Towards another (familiar) dog in your household.	
18	When approached at a favorite resting/sleeping place by another (familiar) household dog.	
19	When approached while eating by another (familiar) household dog.	
20	When approached while playing with/chewing a favorite toy, bone, object, etc., by another (familiar) household dog.	

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