# St. Ann Rehabilitation and Nursing Center Bishop Gendron Senior Living Community

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June 18, 2021

#### Visitation update:

Visitation continues to be scheduled through our receptionist, Karen, by calling 603-742-2612. We continue to schedule visits for 20-30-minute increments to allow for thorough cleaning between visits and are not scheduling visits after 4:30PM currently; however, we are working to make some exceptions. Karen has been asked to avoid scheduling visits close to our meal times to help ensure residents meals remain hot and fresh for their dining pleasure.

We are asking if visitors have been vaccinated- however visitors ARE NOT required to share that information. If you choose not to disclose your vaccination status- you will be required to wear a face mask and maintain social distancing of 6 feet as a precautionary measure.

We are offering indoor and porch visits. The *skilled* patients (on the Granite wing) are having outdoor visits on the patio (located to the far right of the facility).

### **Resident Outings**:

We are excited to see some of you taking your loved ones out for car rides and lunch dates. We know this has been a long time wait for all of you and we are glad to see some normalcy coming back to visits and outings. Outings DO need to be planned in advance much like a visit, but will need to be coordinated with the Social Services Department- Jesse Taylor at <a href="mailto:sta.swdir@nh-cc.org">sta.swdir@nh-cc.org</a> or Krista Charles </a>

### Life Enrichment update:

We had a very exciting week here at St. Ann's. Monday, we celebrated National Chocolate Ice cream day, by delivering chocolate ice cream to all the residents and staff. You could not have asked for a better day to cool off with some ice cream. We played a few table games this week, lucky dice, word games, and penny ante. To celebrate Aquarium Day, the residents made their very own miniature Aquariums. The residents had a selection of seashells, rocks, a variety of colored sand, and sand dollars. Once all the details were added we filled the jars with water, giving it an underwater affect. Wednesday, we had our very first outdoor performance since the beginning of COVID. The residents attended Mass in the morning and after lunch everyone gathered outdoors for some guitar music and singing. It was a hot sunny day, but we managed to find shade while still socially distancing while we enjoyed the music. Friday, we went on a safari. As the residents entered the activity room, they were greeted with a safari themed hat, along with a list of animals they had to find. Next the residents had fun using the safari animals as props for selfies along with coloring safari themed cutouts. This event brought many smiles and laughter for the residents and staff alike- check out the St. Ann Facebook page to see some pictures of the event.

We are expecting the delivery of some new furniture for our covered porch and looking forward to seeing the porch come to life with a fresh coat of paint, new screens, ceiling fans to help move the air around on warm days and some new-fresh décor. Stay tuned.

Thursday, we started the kickoff of LNA Appreciation day. LNAs were treated to lunch and gifts. We are so thankful for all the hard work and commitment they give to our residents.

Wishing you all a blessed weekend.

# Kate McCracken, LNHA, MHA

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