St. Ann Rehabilitation and Nursing Center Bishop Gendron Senior Living Community

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June 11, 2021

This month we started with monthly testing for only non-vaccinated staff. Testing was completed on June 1- with all results Negative. We continue to screen all staff every day at the start of their shift and provide on the spot rapid COVID testing as needed due to any signs and symptoms of COVID.

Visitation update:

Visitation continues to be scheduled through our receptionist, Karen, by calling 603-742-2612. We are scheduling visits for 20-30-minute increments to allow for thorough cleaning between visits and are not scheduling visits after 4:30PM currently. Karen has been asked to avoid scheduling visits close to our meal times to help ensure residents meals remain hot and fresh for their dining pleasure.

We are asking if visitors have been vaccinated- however visitors ARE NOT required to share that information. If you choose not to disclose your vaccination status- you will be required to wear a face mask and maintain social distancing of 6 feet as a precautionary measure.

We are offering indoor and porch visits. The *skilled* patients (on the Granite wing) are having outdoor visits on the patio (located to the far right of the facility).

Porch visits are being scheduled through Jesse and Krista and take place on the covered porch in front of the Activity Room for our long-term residents. Please DO NOT take residents to another location during your visit. A walk around campus is fine, but visits are scheduled and designated to certain areas so that we can offer as mush visitation as we are able given our available spaces. While a space may seem "available" at a certain time- you may not know when a visit is scheduled and therefore cause an unnecessary conflict with visits for others. Thank you in advance for your assistance with this.

Resident Outings:

Taking a resident out of the facility for a visit or scenic ride is an option for you. Outings DO need to be planned in advance much like a visit, but will need to be coordinated with the Social Services Department- Jesse Taylor at <u>sta.swdir@nh-cc.org</u> or Krista Charles at <u>sta.sw@nh-cc.org</u> or by calling the facility at 742-2612 and asking for one of them.

Life Enrichment update:

In honor of Memorial Day, we served ice cream sundaes to the residents and staff. Many of the staff and residents wore patriotic colors in honor of those whom are serving, have served or have lost their lives to ensure our freedoms. Crafting last week, the residents made tissue paper flowers, that we used to decorate our bulletin board located just outside the activity room. The board looks like a big garden and brings lots of smiles as they enter the room. We played a few word games too which included: Big Word-Little Word which we based the big word off of things to do with spring. We played Scrabble! It definitely scrabbled our brains and many words needed to be looked up in the dictionary. Mad libs was another game we tried that surprisingly none of the residents had ever played before. This one gave many interesting words along with some very funny faces when the final story was read aloud. Mass was held on Wednesday and on Thursday we went outside and played music in motion. For music in

motion, we had our Google Alexa play some oldies upbeat music as we threw a beach ball around and attempted to keep it in the air and off the ground. To close our week, we celebrated National Donut Day. The residents had quite the selection of donuts to choose from along with being able to participate in a donut making craft. The donuts were the talk of the day. By the time happy hour rolled around, many of the residents opted out of their afternoon cocktail because they were still full from their morning donuts and lunch.

Staffing update:

This week we welcomed 3 new staff members to the St. Ann family. We are excited to have these ladies join the nursing department as LNAs. Please join us in welcoming Maura Speidel, Brianna Kauble, and Rachel Kenison.

We are so thankful for the warmer weather but the heat wave that came through this past week hit us hard. We did encounter some A/C issues within the facility- and while many residents had no concerns with the temperature in the facility- it was a bit trying for staff- especially with our necessity to continue to wear face masks in the humid conditions. We did learn that during a recent storm- we had some electrical issues with a/c compressors impacted due to a lightning strike. Needless to say we are thankful for the break in the heat.

Wishing you all a pleasant weekend.

Kate McCracken, LNHA, MHA

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