

**St. Ann Rehabilitation and Nursing Center**  
**Bishop Gendron Senior Living Community**  
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April 22, 2021

Another round of COVID testing here at St. Ann- and we are negative.

Strafford County PCR positivity remain greater than 5% which keeps Strafford County at a substantial risk. Today we were at 7%, but I fear with the upcoming spring break holiday for many families in the next two weeks, we may still see an increase in positive cases. Please consider your risk factors and those of whom reside within your own home when making decisions on whether you will or will not continue to wear a face mask- even though the state mandate has been lifted. As mentioned in last week's email- we are still requiring all staff to wear masks, as well as all who enter our facility.

Staffing update:

We have a new Director of Rehab starting on Monday, April 26<sup>th</sup>. Her name is Sara and she is an Occupational Therapist and has previous experience in rehab management. We are excited to have her come aboard. We are so very thankful to Carl- (aka Wade) who has been filling in at the interim director while also continuing to provide PT services to our residents- we appreciate his willingness to take on all the additional duties this entailed.

Life Enrichment update:

This week has been an action-packed. To give the week a great start we began with our famous game of bingo. The residents are feeling extra good about themselves this week. Many of them were able to have their hair done, along with a manicure. It was such a joy seeing how simple a haircut and some polish could make someone feel so great. We painted flower pots that we plan to put flowers in and spread around the outside of the building. Many of the residents got very creative and their painting skills were quite impressive. We squeezed in a game of bowling that included lots of cheering, oldies playing in the background, and not let's forget about our famous friend, the sanitizer. So many of them are thankful to be able to attend Mass again and we have had good luck so far to able to social distance along with be able to enjoy the service. We ended our week with 1 on 1 visits and a giant crossword puzzle, which stumped many of us but we pulled threw and got it accomplished.

Thank you all and have a great weekend,

*Kate McCracken, LNHA, MHA*

Administrator

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