

**St. Ann Rehabilitation and Nursing Center**  
**Bishop Gendron Senior Living Community**  
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April 16, 2021

My apologies to all of you for my delay in communication the past 2 Fridays. Unfortunately, I had to make an unexpected return to my home state of Pennsylvania and I was not able to get my emails out to all of you. I am sorry for the inconvenience this may have caused, but please consider no news is good news at times.

The staff of St. Ann Rehabilitation & Nursing Center continue to be COVID tested once a week. We continue to remain negative which in part I believe reflects the great work we are doing here with getting our staff and residents vaccinated against this relentless virus. To date, we have vaccinated 95% of all our residents and 81% of our staff. We are very excited about these percentages and I am so thankful to my staff for their willingness to get vaccinated.

As you may have heard yesterday on the news, Governor Sununu has opted NOT to renew the Mask Mandate at the state level. The statewide mask mandate ends today, April 16. Towns, cities, businesses and facilities will continue to be able to make a facial covering requirement on their own accord, but I encourage all of you to continue to wear the mask, especially when in crowded areas when social distancing is not able to be achieved. Here at St. Ann, we will continue with requiring a face mask, practice social distancing and all previously instilled precautions to continue to keep COVID out of our facility. Strafford County COVID positivity rates are currently at 8.5% so we ask all of you to remain diligent in taking precautions to help prevent further spreading.

As indoor visits continue, I am so thrilled to learn that so many of you are taking advantage of getting yourselves vaccinated as well. Your safety and health is so important to all of us.

Staffing update: Carolyn McNally, the Assistant Director of Nursing has given us her resignation. Her last day will be on April 30<sup>th</sup>. We wish her well in her new endeavors.

Life Enrichment update:

Sarah Downing, our new Life Enrichment Manager has been busy getting to know all of our residents, spending time with them one on one and having small groups. Last week, we spent the beginning of our week doing some coloring and crossword puzzles. This was a great way to be able to talk to the residents and learn all about them. Some of the residents got to show off their golfing skills this week. Having the residents spaced apart on one side of the room with the mini putting area on the other side. Taking turns and cleaning the club in-between they competed for the least amount of hits, many of them having multiple hole in ones. Near the end of the week we spent time outdoors enjoying the warmer weather and the beautiful sunshine. Being in the sun and feeling the fresh air helped bring back some of the memories of previous activities they once participated in outdoors. Friday afternoon we finished out week of with a hallway happy hour. Many of the residents choosing a glass of wine with crackers and pub cheese. A great way to end the week.

Over the course of the past couple weeks, we have had great loss with a few of our long-term care residents. We are truly heartbroken over the loss of these beautiful souls and hope their families can

take comfort in knowing how much we appreciate their trust in granting us the honor of taking care of them. We are missing their smiles and laughter.

Mass Services continue to be held on Wednesdays at 11:00 in the St. Ann Chapel. We are so thankful to have Father Aggie back and bringing his blessings upon us.

With sincerely thanks,

*Kate McCracken, LNHA, MHA*

Administrator

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