## St. Ann Rehabilitation and Nursing Center Bishop Gendron Senior Living Community

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Yesterday we had our second round of COVID testing for staff for the week and we remain negative.

If you read the local papers, St Ann was featured in article. You can find the write up <a href="here">here</a>. I'd like to personally thank the families who participated in this publication. Together, we all have weathered a year of significant change and I am so thankful for the love and support from all our residents and families - both far and near - for your continued understanding. We are so very fortunate to have one another.

As Strafford County positivity rates continue to remain greater than 10%, please continue to wear a mask, socially distance and wash your hand often and thoroughly. The COVID variants are becoming more easily spread and with that - we must continue our due diligence in protecting ourselves and one another. I am hopeful that as the vaccine becomes available to all of you, that you do consider receiving the vaccine.

Our new Facebook page (St. Anns Rehab) is gaining lots of attention. Please check it out and share this page with your friends and family.

In celebration of Fat Tuesday, Mardi Gras the dietary department served a special lunch meal which included Crab cakes, Rice and beans, okra and tomatoes or Jambalaya and cornbread as the alternate. The meal was well received by the residents and staff.

Life Enrichment update: A busy week at St. Ann with plenty of informative and fun events. The highlight of the week was a COVID-compliant celebration of Ash Wednesday as local priests bestowed ashes on St. Ann members of the Catholic faith. This week we also traveled (virtually of course) to Florence, Italy, while indulging in the classic Florentine dessert of Tiramisu, and enjoyed a virtual concert celebrating President's Day. We kept moving with Gentle Stretch, Fitness Fun and active games of Men's Chair Bocce and Chair Broom Ball. Hallway Bingo was, as always, a big hit with residents while Covid-compliant Hallway Happy Hours added a festive atmosphere. And, finally, we capped off the week with popcorn and a viewing of "Radio Days," a comedy celebrating the golden age of radio.

**Staffing update:** We have three candidates that will be interviewed next week for the Life Enrichment Manager position.

During the first week in March we will be welcoming the addition to 2 Dietary Aides and 1 LNA. We are excited to have these new faces join the St. Ann's family.

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