

St. Ann Rehabilitation and Nursing Center
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Good Morning and Happy New Year!

I am hoping for a much brighter and healthier New Year for all of us as we happily put 2020 behind us. It has been a year of many ups and downs, but together ... we made it through. I am so thankful for all of my staff for all they have done and sacrificed while we worked through this pandemic. It has taken a toll on all of us and I am so hopeful that the vaccine will help us put an end to this terrible virus.

As the positivity rate of Strafford County continues to remain above 10% (we were at 13.4% earlier this week when I checked the CMS website) - we, the staff at St. Ann will be completing COVID testing twice a week. We have decided to do testing on Mondays and FRIDAYS. This week, we completed testing on 12/29/2020 and again yesterday 12/31/2020. The results are all back and I am happy to report that we are all NEGATIVE!

The majority of the staff and nearly all of our residents (those whom consented of course) received our first dose of the Pfizer COVID 19 vaccine. The staff and residents have all seemed to have weathered the vaccine quite well with only complaints of sore arms from the injection, but no adverse reactions. We continue to monitor the residents for any negative reactions to the vaccine.

Life Enrichment update: We have continued with reaching out to St. Ann residents on a one-to-one basis. Visits have involved rich life review discussions. In addition, we have engaged in game play such as chess, checkers and cards with all materials being sanitized after visits. Residents have also enjoyed trivia and conversation starter interactions. Yesterday we had a hallway celebration to bring in the New Year with party hats, punch and cookies.

As we look back over the passing year, I am so thankful to have my amazing staff and the care and support of all of you. Your prayers have lifted us when we desperately needed it.

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