

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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December 18, 2020

Good afternoon residents, family and guardians,

Today the National guard was here to conduct yet another round of COVID-19 testing. It is our hope that we end up with all negative test results and we can clear our outbreak status that began on 10.23.2020.

Yesterday, the Guardians and DPOA's of those residents whom have been activated for making medical decisions for the residents, were sent via USPS a:

- Vaccine Administration Record (VAR)
- Informed Consent for Vaccination in Long Term Care Facility (LTCF) form from Walgreens

Please complete this form and return it to the facility either by USPS or drop off by Saturday, December 26th as we are scheduled to have our first COVID-19 vaccine administered on 12.29.2020. Our second step vaccine will take place on 1.19.2021.

All staff at St. Ann will also be offered the vaccination this same day. While we cannot mandate that the staff receive this vaccine, we are strongly encouraging each of them to consider taking this vaccine, just as we have with the flu vaccine to safeguard themselves, their families, and those whom are in our care.

If you have any questions about the vaccine please contact Donna Nemet, DNS at sta.dns@nh-cc.org or 742-2612 for more information.

Life Enrichment Update: The past two weeks have been busy with the hustle and bustle of the upcoming holidays while also working through another new case of COVID-19 which hit our dietary department. While there was ONLY 1 new case on 12.04.2020 - that person had worked with everyone in the kitchen which resulted in the kitchen being shut down, cleaned, and all meals prepared by David Sanders - our Maintenance and Environmental Services Manager. The team at St. Ann never ceases to amaze me with their willingness to work wherever they are needed and we even had a new LPN come on board early to help in the kitchen. I am forever thankful for this team and their commitment to one another and our residents.

The residents had some time last week creating holiday ornaments to decorate their rooms as well as hang on the resident tree which they did - one on one - with the assistance of our clinical team, PPE and the sounds of holiday music playing in the background. They also enjoyed hot cocoa with whipped topping!

The facility is decorated with 6 Christmas trees and are all awaiting the day when the residents can break free from their rooms and enjoy the sights of the upcoming holidays.

This week we were thrilled to have the students St. Thomas High School Choir come over to St. Ann on 12.14.2020 to sing Christmas Carols. The choir separated into 3 sections so they could share their holiday spirit with all of the residents and staff of St. Ann and the tenants of Bishop Gendron. The outside concert was welcomed by all while they enjoyed the sights and sounds from their room windows. Be sure to check the CCNH Facebook page to see pictures of this wonderful event.

As we look forward to the week ahead, we are hopeful for some good news on testing results and an opportunity to get out of outbreak status. The spread of this terrible virus is overwhelming and if you are one to watch the news - it is simply heartbreaking to see the state we as a country are in with the fight against this virus. Please if you are planning to get together with people whom reside outside your own home, please take every precaution you can to safeguard yourself and others during your visits - wear a face mask, socially distance - especially if/when eating and wash you hands often with soap and water and/or alcohol-based hand sanitizer if soap and water are not available to you.

The residents and staff are looking forward to handing out presents to the residents on the 24th and then enjoying our Christmas meal which will include:

- Baked Ham with honey butter
- Haddock and Lobster Newburg casserole
- Carrots and Parsnips
- Green bean casserole
- Mashed Potato
- Sticky Toffee pudding cake

It all sounds delicious.

Please stay safe and know we miss seeing all of you and hope to be able to invite you back soon.

Kate McCracken LNHA, MHA

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