

October 9, 2020

We had another successful round of COVID testing on October 3rd with all results coming back **negative**. We test again on October 13th.

Flu vaccine update: All staff and residents have been given the opportunity to have the flu vaccine administered. We are thankful to all whom have opted to have this vaccine as a preventive measure as we march into flu season while also amidst the COVID pandemic.

Visitation update: We are putting together our plans to offer **limited indoor visitation** and are planning to make this available starting October 19th. Indoor visits **will take the place of all** outdoor visits as we do not have the staffing to accommodate both. While this is new for you and us, we will be continuing to implement some restrictions on these visits as we slowly begin to allow visitors into the facility.

Visitations will be limited to 2 visitors per resident and will be booked for 20-minute intervals.

Each resident will only be able to have **1 visit per week** initially. We will do our best to accommodate all visit requests.

All visitors are required to complete the pre-screening questions (just as you are currently doing) when booking your appointment/visit with Karen in reception.

You will be screened again at the time of the visit and asked those same questions you will enter the facility at the front door. The front door is locked so please call the facility at 603-742-2612 to be let in.

Indoor visits will take place in a **designated area** they will not occur in the resident's room.

You will be required to wear a mask/facial covering at all times.

No food or drink is permitted to be consumed during the visit (as this would require the removal of facial covering)

Window visits: These remain available to those who access to a window in his/her room at ground level. Window visits are to be scheduled with social services. Please contact Jesse Taylor at sta.swdir@nh-cc.org or Krista Charles at sta.sw@nh-cc.org in our Social Services department to coordinate a window visit. We do ask that you keep these visits limited to 20 minutes. We have noted that some window visits are lasting long periods of time and requiring the use of a facility phone. This option takes the phone away from the staff's ability to answer phones and also causes the phones to be ringing in the resident's ear during the visit causing disruption.

Life Enrichment update: New word games and several games of skill highlighted life enrichment activities this week at St. Ann. “The Price Was Right,” in which residents guessed the cost of everyday products from the 1940s, proved surprising as players priced out the cost of World War II rationed items as part of this new game. There was good response to a new Hangman word game feature focusing on crossword puzzles. Games of skill concentrating on throwing and rolling set up friendly competition with strong participation in Parachute Games, Target Ball and the Men’s Chair Bocce team, a new favorite with residents. Much appreciated pampering brought out female residents for our twice-monthly manicures. Our virtual trips (videos that showcase places of interest/travel) had an added feature this week as we “toured” the White Mountain National Forest, thanks to YouTube, while feasting on FlutterNutter Sandwiches for National Fluffernutter Day! Popularity continues for such activities as Bingo and exercise programs, Fitness Fun and Gentle Stretch.

Please continue to stay positive and safe. We encourage you to get the flu vaccine to protect yourself and others and refer to the CDC website for information about COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Thank you again for your continued support, love and prayers.

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