

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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October 2, 2020

First, I want to thank those of you that were able to get the satisfaction surveys from My Interview mailed in. Your feedback is needed for us to learn what we are doing well and what we need to work on. While I can truly understand your frustrations with the restrictions we have in place to help prevent a COVID outbreak in our facility, we greatly appreciate your patience as we take each day as it comes.

Flu season is now upon us. We started administering the flu vaccine to our residents this week and will continue to offer until all residents have had an opportunity to receive it, should they choose to do so. We encourage each of you to go out and get the flu shot as well.

Visitation Update- We continue to be monitoring the weather to determine when is the best time to stop outdoor visits and implement the limited indoor visitation. We will not be able to offer both at the same time as we simply do not have the staff to cover all these visits- or the space. I appreciate your continued patience with this undertaking and the coordination of window, outdoor and video calls for nearly 50 residents and his/her family (which is extended for some). Please do not hesitate to reach out to me directly if you have questions or concerns about what we are/are not offering.

Please note that a facility can move from Phase 3 to Phase 0 with ONE positive COVID test result/case- so please know that visitation can be restricted rather abruptly with little to no notice.

Life Enrichment update: Preview of a new word game and a celebration of seniors highlighted activities at St. Ann this week. Residents enjoyed trying out our newest word game, Letter Scramble, which involves creating words out of randomly selected Scrabble tiles. Meanwhile, Big Word, Little Word (creating small words out of big words) remains a favorite. Movement and fitness were, once again, prominent on our activity schedule with Gentle Stretch, Fitness Fun and Bean Bag Toss. This week's Story Time session generated much conversation with residents recalling their experiences as new parents. We recognized the United Nations' International Day of the Elderly on October 1 with an elegant afternoon occasion of delicious teas and cookies. Residents appreciated hearing portions of the United Nation's declaration celebrating the value and contributions of older persons. Afterwards, St. Ann staff voiced their own appreciation of those who call St. Ann home. We finished the week with a return of "Friday Afternoon at the Movies" with the film "Matinee," a delightful comedy starring John Goodman, and freshly popped popcorn!

Please continue to be safe. Refer to the CDC website for information about COVID-19: <https://www/cdc.gov/corona-virus/2019>.

Thank you again for your continued support.

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