

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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Last week's COVID testing results have all come back negative however we are awaiting the results of 1 test. We are testing again this week on Sunday, September 13. Please note I will ONLY report to all of you IF we have a positive test result.

I truly don't have much to report this week. The residents are enjoying having the hairdresser back and having freshened up looks and styles. Our staff did a good job trying to keep everyone's hair tame while we patiently awaiting the hairdresser's return.

Please continue to schedule outdoor visits. Please note that we are offering outdoor visits on the screened porch and window visits on the Granite wing patio to keep the crossing of visitors limited and your risk minimal. We continue to try to do our best to make visiting accommodations for all of you, but please note this requires a lot of coordination on our part to ensure we have the staff to support these visits for over 50 residents and their families.

Life Enrichment update: This week, our residents enjoyed a nice combination of special events and activities. Our Bean Bag Toss, Fitness Fun (conditioning with resistance bands and one-pound weights), and Morning Stretch programming provided residents with healthy physical movement. Meanwhile, our residents eagerly participated in our Fact or Fiction trivia, a Common Bonds word game and, of course, Bingo group activities. Manicures – always a favorite – provided some much-anticipated pampering. Our YouTube offerings continue to be a big draw. This week, we engaged in lively, thoughtful discussion following video presentations celebrating Labor Day, a virtual trip around New Hampshire (after which we recounted our favorite Granite State destinations!), and our 9/11 Day of Remembrance observance honoring American heroes. A special highlight this week was our National Beer Lovers Day Celebration where, in addition to residents relaxing with tantalizing beer, wine, pretzels, mustard, and cheese and crackers, we learned about the fascinating history of beer throughout the ages. All in all, a good week!

Thank you again for your continued support.

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