

**St. Ann Rehabilitation and Nursing Center**  
**Bishop Gendron Senior Living Community**  
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September 4, 2020

Welcome to September! The seasons are definitely changing and we can already see the beginning signs of fall in the trees. We had another round of COVID testing on September 3rd. Please know that no news is good news when it comes to reporting on this. I will ONLY report to all of you IF we have a positive test result.

Many of our residents had an opportunity to have their hair done by Kim the hairdresser this week. Kim did a great job following all of the precautions we have in place to safeguard the residents from any risk. We are so thankful for her return and demonstrated commitment in keeping everyone safe. The residents are looking great and in good spirits with their freshened-up look/styles.

We continue to be getting our plan together to offer the LIMITED Indoor visitation. While we are not quite ready to roll this program out- it may be closer to mid-September- I am still in need of learning from each resident family about whom has been chosen as the ONE person identified as the Essential Support Visitor for your loved one. Please reach out to me to let me know whom you have chosen so we can add this to our plans in moving forward with LIMITED Indoor visitation.

Please know we are still strongly encouraging the outdoor visits while the weather remains nice. This also gives everyone who wants to have a chance to visit to do so before weather hinders our ability to offer this safely. We do ask that you are mindful to the effect visits have on the residents. Visits, while enjoyable for most, can prove to be very tiresome and we are discovering some residents seem more emotional after visits.

Life Enrichment update: Highlights of this week included a virtual trip to Vienna, Austria, courtesy of YouTube and our Travel the World series. Making our trip even more special were apple strudel and Viennese coffee treats provided by our Dietary Department. Later this week, we viewed and then discussed several wildlife videos in celebration of National Wildlife Refuges Day. Parachute Games proved, once again, to be a big hit as we synchronized the launchings of everything from rubber duckies to balloons with our festive, extra-large size parachute. The return of Chair Bocce had residents perfecting their ball rolling skills in fun competition. And, through our new Scrapbooking Club, we moved forward in putting together cherished memory scrapbooks. Adult coloring and our new word game, Random Things, rounded out yet another active week at St. Ann!

Voting- the residents have been working with Mark from Life Enrichment and all who needed help with completing an absentee ballot has been assisted and the forms were delivered to the city clerk as applicable. While we aim not to talk about politics here - we do encourage all to vote in the upcoming election and have ensured they are able. Thank you to your family members who have helped on your end as well with this.

Thank you again for your continued support.

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