

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
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August 14, 2020

Lots to cover this week. First and foremost- we were all negative for the COVID-19 testing completed on August 6th. With that being said, we tested again today and will look to have these results early next week (Monday). Remember that no news is often good news- but I will continue to report any positive test results timely.

Good News! The state is allowing nursing homes to ease certain restrictions, as each facility is able to, which may include limited family visits. We are carefully reviewing the guidelines that we received this morning from the State of New Hampshire Public Health, and will provide more information about what changes, if any, we can expect in visitation as well as any other restrictions we are looking at easing.

One of the first things we are looking to do is inviting back the dentist and podiatrist. We have only been permitting emergent visits as needed and will be working with these providers to ensure the safe return of these services to the residents.

The second thing we would like to look at re-opening is the hairdresser services. We know how much your loved ones look forward to having their hair done, however, the challenges with this are many (having PPE for each resident-disposable gown for each resident, thorough cleaning after each resident by the hairdresser, him/her needing to quarantine if working elsewhere, etc.) The demand for this service is high for both our residents and the tenants in Bishop Gendron Independent Living, but we will be moving slowly with this process to ensure the utmost safety for everyone.

For now, we will reinitiate the outdoor visits, and continue with window and virtual visits as they have been - window visits held on the Granite Wing Patio and outdoor visits on the screened porch. Please continue to call our receptionist, Karen, to schedule your outdoor visits, which will resume on Monday, August 17th, with pre-screening questions answered at time of request of the outdoor visit.

The guidance we received from the State this morning (an 8-page document) defines the protocol(s) for each phase of reopening. There are 4 phases and you can move from the most advanced phase and back to the most restrictive depending on COVID-19 test results and outbreaks. We are only at Phase I where we are reinstating the Outdoor Visits and only allowing essential personnel into the facility. The above mention advances are steps we are taking to be ready/planning for Phase II. The facility/administration is not required to advance to the next phase as we may choose to be more restrictive than what is specified in the guidance.

We continue to ask for your patience as we have many variables that have to be reviewed to ensure everyone's safety as we begin to slowly reopen. This may take some time. All employees and a percentage of residents continue to be tested approximately every 10 days.

Life Enrichment update: This week we participated in current and new activities. Our first attempt at Chair Bocce proved popular with residents perfecting their ball rolling skills in competing for target points. During our Travel the World YouTube series, residents discussed memories of Elvis Presley and their favorite U.S. travel destinations, all while enjoying peanut butter and banana sandwiches (Elvis's favorite!) and an apple crisp with vanilla ice cream prepared by the highly skilled Chef Wayne. Residents had a good time creating friendship rocks, led by Krista in Social Services, during our newly launched Crafts with Krista program. And our new Scrapbooking Club is off to a promising start with residents deciding upon their scrapbook themes. A busy week with more fun ahead!

Please continue to be safe. Refer to the CDC website for information about COVID-19: <https://www.cdc.gov/corona-virus/2019>.

Thank you again for your continued support.

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