

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
195 Dover Point Rd.
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stannrehabcenter.org



July 3, 2020

Happy 4th of July!!!

Conference calls this week with the New Hampshire Department of Health and Human Services have indicated that we can expect to continue COVID testing for another 6-8 weeks here at St. Ann. While this is a guesstimate I fully expecting testing to continue well beyond that as long as there continues to be spikes in the number of individuals testing positive for COVID-19 in the United States. It appears that Maine, New Hampshire and Vermont are better options for your holiday plans- but please continue to be safe and wear you face mask/cloth covering and practice good hand hygiene.

Please note that when making second or more outdoor visit appointments that we will be asking you to complete the pre-screening questions each time you make an appointment. As a reminder-

- Outdoor visits are in a designated area- the screened-in porch many of you have had window visits at
- Visits will be scheduled in advance (pre-screening questions must be answered prior to the visit)- please contact the receptionist (Karen) at 603-742-2612 to schedule your appointment- not all days/times will be available- we will do our best to accommodate your needs
- Visits will be limited to 20 minutes – please be on time for your appointment
- No more than 2 visitors at any time (must have completed the pre-screening questions prior to each the visit)
- Facemasks or cloth coverings must be worn at all times during the visit and cover the mouth and nose
- Visitors must be over the age of 12 and able to wear a face covering for entire visit
- No PETS
- Food Sharing- single serving food is permissible however- Residents and Visitors CANNOT share food from the SAME container or bag. Food and drinks WILL NOT be able to be drank/eaten during the visits as this permits you to move you face covering from your nose & mouth.
- Visits will be by appointment only – 1 staff person must be present for the visit- No exceptions

Staff person will ensure social distancing of 6ft is maintained and that face masks are in place at all times. They will also ensure appropriate hand hygiene is completed immediately before and after the visit.

We continue to be COVID-19 free. I am so thankful to my staff for all their dedication and commitment to one another and our residents by practicing social distancing and all the other preventative measures when out in their communities.

I also wanted to take the time to announce that we have gained a new member of our nursing leadership team. We welcomed Carolyn McNally, RN as our new Assistant Director of Nursing Services. Carolyn has been an RN for over 30 years and brings with her an abundance of experience and leadership skills. We are very excited to have her joining our team.

We continue with Sunday prayers with Joyce and livestreaming church services a few times a week. We are still enjoying BINGO, JINGO (picture version of BINGO) exercise, word games, crafts- we made cute American flags with popsicle sticks (see picture below), and yesterday I made the residents and staff homemade Frosty's- just like the ones at Wendy's. They were delicious and so very refreshing on a warm day. On July 4th we will enjoy Lobster Rolls – yum!!

Please continue to be safe. Refer to the CDC website for information about COVID-19, including symptoms, how it spreads, maps that help to identify areas where COVID-19 outbreaks are on the rise, and actions YOU can take to protect your health: <https://www/cdc/gov/corona-virus/2019>.

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