

St. Ann Rehabilitation and Nursing Center
Bishop Gendron Senior Living Community
195 Dover Point Rd.
Dover, NH 03820-4693
T: 603-742-2612
F: 603-743-3055
stannrehabcenter.org



May 8, 2020

Happy Mother's Day to all of you...

As you may or may not have heard- Commissioner Lori Shibinette announced on May 6th that all Nursing Homes in New Hampshire will begin testing all of their staff and residents. Yesterday, May 7th, the staff of St. Ann and Bishop Gendron was tested as well as our medical provider. I am expecting results within the next 72 hours. The residents here at St. Ann will be tested within the next 7-10 per the conference call from the New Hampshire Department of Health & Human Services (NH DHHS).

Keeping you informed...

We will continue to communicate things happening here at the facility on a weekly basis, but we will also be informing you of any outbreak or positive cases we may encounter as we move through this initial testing phase and any continued testing that will occur. We will of course alert you as Guardians and/or DPOAs of your loved ones result IF positive. While we will not report who the positive cases may be - we will inform you of whether they are staff or residents and what we are doing to contain and prevent an outbreak. We will also be reposting this information to NH DHHS and the CDC.

The St. Ann website (<https://stannrehabcenter.org>) will also be set up to provide you with COVID-19 updates. This information should represent a repeat of what is shared with you via these email communications.

Ways to keep yourself safe...

While it seems some of the restrictions originally are being lifted within the state, we will continue with our no visitation within the facility. I encourage each of you to continue to wear face masks while out in the community and practice good hand hygiene. Please also monitor yourself and others for **fever, chills, continuous chills/shaking, cough, shortness of breath, sore throat, new loss of taste or smell, diarrhea, dizziness and new or worsening malaise** (general discomfort, uneasiness, pain).

This week the staff welcomed special treats from some of you. On Monday we enjoyed some homemade biscotti and yesterday we enjoyed a lunch donation of a variety of pizza, salad, chocolate chip cookies and baklava. Thank you so much for these treats.

Last week I neglected to inform you of a donation we had of face shields from Monster Troupe. They provided St. Ann with 50 face shields. Thank you for your generosity!

Mother's Day...

The Dover Police and Fire Department will be meeting those of you interested in participating in the Mother's Day parade at CowLicks Dairy Bar at 1:30PM to assemble for the parade to come by the facility at 2:00PM. We are very excited to have this happening and the residents are very excited to see all of you pass by. We will however be enforcing and maintaining social distancing – so IF you are planning to stay around to visit- please wait until we can get everyone back inside for window and video visits. We ask that you remain in your cars during this time.

Also planned for this day is a Mother's Day tea with petit fours. All the ladies will also be receiving a carnation.

Activities this past week included: a Cinco de mayo lunch and afternoon party with chips & salsa with festive music. We were also entertained by Wally- one of our nurses- who did a bit of a Mexican hat dance. We also enjoyed morning mass via live streaming of pre-recorded mass, BINGO, manicures, exercise/morning stretch, sing along, word games and trivia and this afternoon we will have hallway happy hour.

Wednesday was the start of National Nurses Week. We are so fortunate to have the nurses here at St. Ann who make the daily commitment to come to work – in very uncertain times- and continue to help safeguard our residents. We truly would not be able to get through each day without their dedication and service.

As I mentioned last week, we are interested in creating a Family Council Group. This group is similar to our Resident Council group here within St. Ann. A Family Council Group is a great avenue to open the lines of communication between all of us and is also a great way to provide you with support and networking with other families. If this something you are interested in, please reach out to Jesse Tayler, Director of Social Services and Admissions at sta.swdir@nh-cc.org.

Please continue to come do window visits with your loved ones and don't forget about the Google Duo/Video Chat option. Please reach out to Jesse Tayler sta.swdir@nh-cc.org and Krista Charles sta.sw@nh-cc.org to coordinate a visit. We all miss you!

Thank you & stay safe! See you Sunday!

Kate McCracken LNHA, MHA
St. Ann Rehabilitation & Nursing Center
195 Dover Point Rd.
Dover, NH 03820-4693
P.(603)742-2612x123 F.(603)743-3055