

# Menu

Breakfast	Lunch	Dinner
<b>SUNDAY</b>		
Omelet with Cheese Sauce English Muffin Danish/Doughnut/Yogurt <i>Alt: Oatmeal with Scrambled Eggs</i>	Pot Roast Beef with Gravy Mashed Potato Turnip and Carrots or Beets Orange Cake <i>Alt: Baked Cod with Crumb Topping</i>	Tomato Florentine Soup Seafood Salad on a Roll Watermelon Brownie <i>Alt: BBQ Pulled Pork Sandwich</i>
<b>MONDAY</b>		
Blueberry Pancake with Sausage Danish/Doughnut/Yogurt <i>Alt: Scrambled Eggs</i>	Chicken Parmesan, Pasta, and Garlic Bread Salad & Broccoli Tiramisu <i>Alt: Spinach and Cheese Rollatini</i>	Beef Vegetable Soup Grilled Pastrami on Marble Rye with Pickle Peaches Cookie <i>Alt: Tuna Melt with Chips or Curls</i>
<b>TUESDAY</b>		
Eggs Over-Easy with Bacon and Home Fries Doughnut/Danish/Yogurt Cream of Wheat <i>Alt: Scrambled Eggs</i>	Grilled Beef Tenderloin Onion Demi-Glace Mashed Potato/Green Beans/Carrots Angel Food Cake with Mixed Berry Fool <i>Alt: Chicken Primavera Over Pasta</i>	Creamy Cheddar & Broccoli Soup Grilled Turkey Tomato Bacon Cheese Sandwich Pears Sherbet <i>Alt: Chicken Salad with Lettuce</i>
<b>WEDNESDAY</b>		
French Toast with Sausage Fresh Fruit Salad Doughnut/Danish/Yogurt Oatmeal OR Cream of Wheat <i>Alt: Scrambled Eggs</i>	Grilled Pork Tenderloin with Mushroom Gravy Potato Salad California Blend/Green Beans Chocolate Cake with Cherries and Whipped Topping <i>Alt: Grilled Mahi with Mango Salsa</i>	Zuppa Toscana Soup Mac & Cheese Served with Mixed Vegetables Mandarin Oranges Strawberry Mouse <i>Alt: Chicken &amp; Cheese Quesadilla</i>
<b>THURSDAY</b>		
Vegetable Egg Scramble with Cheese Home Fries Doughnut/Danish/Yogurt <i>Alt: Scrambled Eggs</i>	Grilled BBQ Chicken Rice/Zucchini/Corn Tapioca Pudding <i>Alt: Baked Cod with Citrus Butter, Lobster, and Crumb Topping</i>	Chicken Noodle Soup Handmade Pizza with Salad Fruited Jell-O with Whipped Topping <i>Alt: Chicken Fingers with French Fries</i>
<b>FRIDAY</b>		
Ham Egg and Cheese on a Croissant Fresh Fruit Salad Doughnut/Danish/Yogurt Cream of Wheat <i>Alt: Scrambled Egg</i>	Baked Shrimp/Pesto Risotto OR Orzo/ Asparagus/Roasted Summer Squash Pound Cake with Strawberries <i>Alt: Honey Dijon Chicken Topped with Mushrooms and Swiss Cheese</i>	Fish Chowder Orange Mandarin Chicken Salad and Dinner Roll Grapes Mini Eclairs <i>Alt: Gyro Sandwich Wrap</i>
<b>SATURDAY</b>		
Quiche Fresh Fruit Salad Doughnut/Danish <i>Alt: Scrambled Eggs and Yogurt</i>	Hot Dog and Macaroni Salad Baked Beans with Brown Bread Wax Beans and Corn Apple Crisp <i>Alt: Haddock Sandwich</i>	Baked Three-Cheese Ziti Green Beans and Garlic Bread Ice Cream <i>Alt: Tuna sandwich with Pickled Beets</i>